Table 1. Description of Clinical Research Practice Datalink (Aurum) sample by number of consultationsa

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Number of consultations |  |  |  |
|  | 0 | 1 | 2 | 3 or more |
| Number of people; N | 115938 | 124019 | 36336 | 413707 |
| Follow-up time (days); mean (SD) | 135 (143) | 1150 (394) | 1170 (383) | 1294 (308) |
| Age at baselineb (years); mean (SD) | 40.3 (20.3) | 37.3 (14.8) | 39.8 (15.8) | 49.3 (19.0) |
| Number of LTCsc at baseline; N (%) |  |  |  |  |
| 0 | 72240 (62.3) | 99190 (80.0) | 25095 (69.1) | 171347 (41.4) |
| 1 | 21486 (18.5) | 19335 (15.6) | 7929 (21.8) | 110694 (26.8) |
| 2 or more | 22212 (19.2) | 5494 (4.4) | 3312 (9.1) | 131666 (31.8) |
| For people with 2 or more conditions; N(%) |  |  |  |  |
| 2+ physical LTCs | 15102 (13.0) | 4349 (3.5) | 2555 (7.0) | 93418 (22.6) |
| combination of physical and mental LTCs | 6911 (6.0) | 1094 (0.9) | 738 (2.0) | 37641 (9.1) |
| 2+ mental LTCs | 199 (0.2) | 51 (0.0) | 19 (0.1) | 607 (0.1) |

aConsultations with GP between 1st January 2016 and 31st December 2019

bBaseline is 1st January 2016

cLTC Long-term conditions